

ProEFA Liquid combines Omega-3 (EPA and DHA), Omega-6 (GLA), and Omega-9 (oleic acid) fatty acids, derived from a unique blend of fish oil and borage oil. This omega-rich formulation is a convenient and delicious way to support healthy skin, joint flexibility, and strong immune function.*

*All Nordic Naturals fish oils surpass all pharmaceutical standards for freshness and purity. Every batch is third-party tested, showing undetected levels of heavy metals, dioxins, and PCBs.

Suggested Use: One-half to one teaspoon daily, with food, or as directed by your health care professional or pharmacist.

Do not take if tamper evident seal is broken or missing

Refrigerate after opening

Best if used within 3 months after opening

Warning: Consult with your physician before using this product if you are allergic to iodine, using blood thinners, or anticipate surgery.

Keep out of the reach of children

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Distributed from the U.S. by:
NORDIC NATURALS, INC.
Watsonville, CA 95076

Customer Service:
800.662.2544
www.nordicnaturals.com



with
Enhanced
Stabilizers



Great lemon
taste!



NORDIC NATURALS®

ProEFA® Liquid

Pharmaceutical Grade*
Distilled for Purity
Omega-3 Fish Oil
with Borage Oil



Dietary Supplement

Natural Triglyceride Form

Please ♻️ this container

Supplement Facts

Serving Size: 1 Teaspoon (5 ml)

Servings per bottle: 48

Amount Per Serving	% Daily Value*	
Calories	45	
Calories from fat	45	
Total Fat	5.0 g	8%
Saturated Fat	1.0 g	5%
Trans Fat	0 g	†
Vitamin E (d-alpha tocopherol)	30 I.U.	100%
Omega-3s	Weight‡	Volume %
EPA (Eicosapentaenoic Acid)	675 mg	15%
DHA (Docosahexaenoic Acid)	450 mg	10%
Other Omega-3s	287 mg	6%
Total Omega-3s	1412 mg	31%
Omega-6s	560 mg	12%
GLA (Gamma-Linolenic Acid)	165 mg	4%
Omega-9s	610 mg	13%
OA (Oleic Acid)	400 mg	9%

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established. ‡ Natural Triglycerides
Less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil (from anchovies and sardines), borage oil, natural lemon flavor, d-alpha tocopherol, rosemary extract.

No gluten, yeast, milk derivatives, or artificial colors or flavors. Contains vitamin E derived from refined soybean oil.

8 Fluid Ounces • 237 Milliliters

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