

Nordic Naturals has raised the bar on purity and freshness with our "Gold Standard" Arctic Cod Liver Oil. Nordic Naturals oversees production from sea to finished product—assuring 100% Arctic cod is delivered, within hours of being caught, to our plant for molecular processing in a nitrogen environment. The result—the purest and the best tasting fish oil, with the highest level of Omega-3 fatty acids per teaspoon of any cod liver oil, with only naturally occurring vitamins A and D. Enjoy the taste of "Pure Health."

❖All Nordic Naturals fish oils surpass all pharmaceutical standards for freshness and purity. Every batch is third-party tested, showing undetected levels of heavy metals, dioxins, and PCBs.

**Suggested Use:** One teaspoon daily, with food, or as directed by your health care professional or pharmacist.

**Do not take if tamper evident seal is broken or missing**

**Refrigerate after opening**

**Best if used within 3 months after opening**

**Warning:** Consult with your physician before using this product if you are allergic to iodine, using blood thinners, or anticipate surgery.

**Keep out of the reach of children**

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Distributed from the U.S. by:  
NORDIC NATURALS, INC.  
Watsonville, CA 95076

Customer Service:  
**800.662.2544**  
www.nordicnaturals.com



with  
**Enhanced  
Stabilizers**



Great orange  
taste!



NORDIC NATURALS®

# Arctic™ Cod Liver Oil

*Omega-3 Supplement*



Pharmaceutical Grade❖  
Molecularly Distilled



Dietary Supplement

Natural Triglyceride Form

Please ♻️ this container

## Supplement Facts

Serving Size: **1 Teaspoon (5 ml)**

Servings per bottle: **48**

Amount Per Serving	% DV <sup>1</sup>	% DV <sup>2</sup>
Calories	45	
Calories from fat	45	
Total Fat	5.0 g †	8%*
Saturated Fat	1.0 g †	5%*
Trans Fat	0 g †	†
Cholesterol	14 mg †	5%*
Vitamin A	650–1500 I.U.	26–60% 13–30%*
Vitamin D	1–20 I.U.	0.25–5% 0.25–5%*
Vitamin E (d-alpha tocopherol)	30 I.U.	300% 100%*
<b>Omega-3s</b>	<b>Weight❖</b>	<b>Volume %</b>
EPA (Eicosapentaenoic Acid)	410 mg	9%
DHA (Docosahexaenoic Acid)	625 mg	14%
Other Omega-3s	225 mg	5%
Total Omega-3s	1260 mg	28%
Oleic Acid (Omega-9)	600 mg	13%

\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established. ❖ Natural Triglycerides

1 Daily Value (DV) for children under 4 years of age.

2 Daily Value (DV) for adults and children over 4 years of age.

**Ingredients:** purified arctic cod liver oil, d-alpha tocopherol, natural orange flavor, rosemary extract.

No gluten, yeast, or artificial colors or flavors.

Contains vitamin E derived from refined soybean oil.

Contains natural flavorings that may have been manufactured on the same processing line as products containing milk and/or soy derivatives.

**8 Fluid Ounces • 237 Milliliters**

REV/D1